Alabama: Women, Infants, and Children (WIC) Nutrition Assistance

Description of Program and Relief

WIC is a food assistance program for women, infants, and young children. WIC provides money in the form of WIC EBT card to buy healthy foods, and also provides information about nutrition, health, and breastfeeding. These offerings were previously in place, and waivers of certain requirements have been granted in response to COVID-19.

Government or Lead Agency

Alabama Department of Public Health / WIC Program

Dates Available

Available now

Eligibility Requirements/Restrictions

Information on eligibility can be found at: http://www.alabamapublichealth.gov/wic/

WIC benefits are available to:

- Women who are pregnant, breastfeeding, or had a baby within the last six months who have low to medium income
- Children under five years old living in families with low to medium income
- Households with a total income equal to or less than the amounts shown in the WIC Income Guidelines

Waiver for physical presence of applicant has been waived through May 31, 2020.

Application Deadlines (If Applicable)

N/A
Contact for More Information

Local county health department (call 1-888-942-4673 for the agency closest to you)

List of Additional Information

For more information, please visit:

http://www.alabamapublichealth.gov/wic/

http://signupwic.com/

https://www.alabamapublichealth.gov/wic/eligibility.html