North Carolina: Women, Infants, and Children (WIC) Nutrition Program

Description of Program and Relief

WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children funded by the United States Department of Agriculture. The WIC Program promotes healthy habits and healthy families by providing basic nutritious foods rich in protein, iron, calcium, fiber, and vitamins to eligible pregnant, breastfeeding, and postpartum women, as well as infants and children.

While no specific guidance has been provided for those affected by COVID-19, women, infants, and children adversely impacted by COVID-19 should be eligible if they meet general eligibility requirements.

Government or Lead Agency

North Carolina Department of Health and Human Services

Dates Available

Available now

Eligibility Requirements/Restrictions

WIC is available to pregnant, breastfeeding, and postpartum women, and infants and children up to age five. To participate, these persons must:

- Live in North Carolina;
- Have a family income less than 185% of the U.S. Poverty Income Guidelines. A person receiving Medicaid, Work First Families Assistance (TANF), or assistance from the North Carolina Food and Nutrition Services automatically meets the income eligibility requirement;
- Be at nutritional risk. A nutritionist or other health professional makes the nutritional risk assessment at no cost to the participant, usually at the local WIC office.

Contact for More Information

https://www.nutritionnc.com/wic/wic-referral.asp
List of Additional Information

For more information or to apply, please visit:

https://www.nutritionnc.com/wic/