Connecticut: Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

Description of Program and Relief

Connecticut’s WIC program provides supplemental foods, health care referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

Government or Lead Agency

Connecticut Department of Public Health

Dates Available

Effective immediately.

Eligibility Requirements/Restrictions

Please visit https://portal.ct.gov/dph/WIC/WIC for eligibility requirements.

Generally, the following people are eligible:

- **Pregnant women**, through pregnancy and up to 6 weeks after birth or after pregnancy ends
- **Breastfeeding women**, up to the infant’s first birthday
- **Non-breastfeeding postpartum women**, up to 6 months after birth or after pregnancy ends
- **Infants**, up to their first birthday
- **Children**, up to their fifth birthday (fathers, grandparents, foster parents or other guardians may apply for WIC for their children)

Application Deadlines (If Applicable)

N/A

Contact for More Information

N/A
List of Additional Information

Please visit https://portal.ct.gov/dph/WIC/WIC for more information.