Hawaii: Nutrition Program for Women, Infants and Children (WIC)

Description of Program and Relief

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a federally-funded health and nutrition program that predates COVID-19, but can be used by eligible participants at this time.

WIC helps families by providing nutrition education, breastfeeding support, vouchers for healthy foods, and referrals to healthcare and other community services. WIC serves babies and children up to age 5, pregnant women, new mothers, dads, grandparents, foster parents of young children, and working families.

Government or Lead Agency

Hawaii Department of Health

Dates Available

Effective immediately

Eligibility Requirements/Restrictions

WIC benefits are available to:

- Women who are pregnant, breastfeeding a baby under 1 year old, or had a baby or were pregnant in the past six months, and have low to medium income
- Children under 5 years old living in families with low to medium income
- Individuals are income-eligible for WIC if they have a total household income equal to or less than the amounts shown in the WIC Income Guidelines, available here
- Full eligibility requirements are available here and a pre-screening tool is available here

Application Deadlines (If Applicable)

N/A
Contact for More Information

N/A

List of Additional Information

To search for Hawaii WIC clinic locations, click here.

For general information click here.