Kentucky: Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Description of Program and Relief

The WIC Program provides supplemental foods, nutrition education and referrals to healthcare, at no cost, to low-income pregnant, breastfeeding and postpartum women, infants, and children up to age 5 who are determined to be at nutritional risk. To be fully eligible for the WIC Program, applicants must be determined by a health professional, at no cost, to be at nutritional risk (i.e. have certain medical-based or diet-based risk conditions). Although no specific guidance has issued with respect to COVID-19, affected families may qualify if they meet eligibility requirements (below).

Furthermore, the federal government has allowed Kentucky to remotely issue WIC benefits, eliminating all need for in-person visits. This waiver is effective through May 31, 2020.

Government or Lead Agency

Kentucky Department for Public Health

Dates Available

Existing program.

Eligibility Requirements/Restrictions

In order to qualify for this benefit program, one must be a resident of the state of Kentucky; a pregnant, breastfeeding and/or postpartum woman OR have an infant or child up to 5 years of age; and individually determined by a health professional to be at nutritional risk (this may now be done remotely). One must also have an annual household income (before taxes) that is less than or equal to amounts specified by the State OR have a Kentucky medical card, receive Kentucky Transitional Assistance Program (K-TAP) benefits or food stamps (SNAP), or have a pregnant woman or infant in the family who receives Medicaid or K-TAP.

Check eligibility by visiting: https://www.benefits.gov/benefit/2066#Eligibility_Checker

Application Deadlines (If Applicable)

N/A
Contact for More Information

The Department for Public Health can be reached at (800) 462-6122.

List of Additional Information

The Kentucky WIC website is: https://chfs.ky.gov/agencies/dph/dmch/nsb/Pages/wic.aspx

More information can be found at: https://www.benefits.gov/benefit/2066